

Cowpoke Kendra's Rodeo with a Winning Attitude



This month I decided to write about Rodeo with a Winning Attitude. I hear a lot of negative things from people and thought this would hopefully help people out.

Having a great attitude when you are rodeoing is always a good thing. It can get very hard out on the road. Traveling down the road to achieve your goals can get frustrating because

you can't win them all! I've traveled to a lot of rodeos this year (maybe not as many as some people, but for it's been a lot for me.) I have decided that even if I don't place at all of them, its OK! I have won and placed at rodeos this year and I'm very happy with my accomplishments so far. I used to get upset because I didn't place or I knocked a barrel down....but I don't anymore.

After talking to some of the barrel racers in the top 15 in the IPRA(International Professional Rodeo Association), I found out that they estimate to place at only 25% of the rodeos where they compete. Of course I always thought they placed at more than that. You know what.... those I spoke to all have great winning attitudes.

You should never give up. Always believe in yourself. Keep trying. Most people give up and never achieve their goals when they are right on the edge of.....THIER DREAM!

Before I get ready to run, I get very nervous. I say to myself and my horse "Do your best and forget the rest." But many people have emotions running through their head....always thinking what might go wrong or

what other people may think. I've learned not to worry about what my go wrong and who cares what others think.

If you start to think negative thoughts, change your thoughts and think about how good it will turn out.

"Its mental toughness that gets you to the pay window."

If you want to succeed at something, you have to believe that you can succeed. Be positive and always strive for your goals in life, take charge of your attitude, believe in yourself, be confident and calm under pressure.

Most importantly, do what you love with a good winning attitude, because life is too short not to "Live Life To The Fullest!"

Here is a little something extra I wanted to add that President Roosevelt once said.....

To Those Who Dare to Be Better:

"Its not the critics who count, not the man that points out how the strong man stumbled or where the doer of deeds could have done better. The credit belongs to the man who is competing in the arena, whose face is marred with dust, sweat, who strives valiantly, who errs and comes up short again and again, who knows the great enthusiasms, the great devotions, and spends himself in a worthy cause; who, at the best, knows triumph of achievement, and who at the worst, if he fails, at least fails while daring greatly, who knows that his place shall never be with those cold and timid souls who know neither victory nor defeat."

Kendra Gilbreath grew up showing cattle and sheep and eventually made her way into the rodeo arena as a barrel racer. She is married to her husband, Steve, and they have one son, Kolton. Kendra has worked in the Western Retail Business for most of her adult life and enjoys keeping with the hottest styles in western wear. She is currently a Manager and a Buyer for Cowpokes Work and Western Store in Anderson, IN and helps in keeping the hottest trends and styles in clothing, boots and western wear on the store showroom floor.

