



# Barks N Bits

with our favorite Jack Russel Terrier... Bella  
& Miss Maybelline!

## A Diet? Really?

Duke is back to his normal self. His sad spell only lasted a few days and now he is back to helping hunt mice in the barn and barking at anything that steps or drives onto the property.

One thing I forgot to mention last month was what Duke found out while visiting the animal doctor. I'm not sure, but maybe this is part of the reason he stayed so sad on our return.

Duke had to go on a diet. Yep...I said it. Well, actually, the animal doctor said it...I just repeated it.

The animal doctor told the lady that Duke needed to lose some weight and the only way to make that happen was a diet. That meant less food for Duke - and Duke likes food!

At first Duke didn't seem to mind. He was happy to eat his ration and not complain. It only took the lady a couple days to figure out that Duke was helping himself to the cat food to make up the difference.

Regroup - with the cat food on a higher shelf in the barn we gave it another try. That worked better and after only a week or so we all started to notice a little more pep in Duke's step - not to mention his slimming waistline.

I'll have to admit, Duke is looking better.



I did, however, catch him eating the feed that the horses were dropping this morning. I don't think it's enough to ruin his diet, but I do think it helps keep him busy and maybe he thinks he's outsmarting the people.

Needless to say, Duke is on his way to a slimmer and healthier Duke in 2014.

I wonder what I can do to bring in the new year?

Until next month,  
Thinking of a resolution....

Bella